

# Children's Mental Health Services



## Provider Resource Manual

San Diego County Health and Human Services Agency

# The Access and Crisis Line

Crisis Intervention  
Mental Health Information and Referral  
Suicide Intervention  
Resources



24 hours a day, 7 days a week

- Professional Counselors Will Answer Your Call
- Multi-Lingual Capability Through AT&T Language Line Services
  - Spanish Speaking Counselors Available

**"It helps to talk it over"**

**(800) 479-3339**

TTY for the Deaf and Hard of Hearing (619) 641-6992

San Diego County  
Health and Human Services Agency  
Children's Mental Health Services

Provider Resource Manual  
TABLE OF CONTENTS

ABOUT THIS RESOURCE MANUAL.....	4
ACCESS TO MENTAL HEALTH SERVICES.....	5
INTRODUCTION TO CHILDREN'S MENTAL HEALTH SERVICES.....	6
CHILDREN'S MENTAL HEALTH MISSION/VISION STATEMENT.....	8
PRINCIPLES OF THE SYSTEM OF CARE.....	9
WRAPAROUND PRINCIPLES.....	10
ADVOCACY AND SUPPORT SERVICES.....	11
CASE MANAGEMENT.....	13
CRISIS SERVICES.....	15
DAY TREATMENT PROGRAMS.....	16
INPATIENT PSYCHIATRIC HOSPITALS.....	22
JUVENILE FORENSICS SERVICES.....	24
OUTPATIENT SERVICES.....	28
RESIDENTIAL PATCH PROGRAMS.....	46
RESIDENTIAL SERVICES.....	48
SPECIAL EDUCATION SERVICES (AB 2726).....	49
THERAPEUTIC BEHAVIORAL SERVICES.....	51
COMMUNITY INFORMATION.....	53
SUPPORT GROUPS/SELF-HELP.....	54
MENTAL HEALTH WEB SITES .....	55
CMHS PROVIDER RESOURCE MANUAL EDITS/UPDATES.....	56

## **About This Resource Manual...**

Children's Mental Health Services QI Department updated the Children's Mental Health Services – Provider Resource Manual in May 2005. Every effort has been made to verify the information provided in this manual and to ensure that every program currently funded by the County for Children's Mental Health Services is included. It should be noted, however, that program hours, services, and even locations and phone numbers may change with time. If there are errors in the information provided in this manual, please contact the Children's Mental Health QI Department at **(619) 584-5026**, or fax the changes using the form in the back of this manual.

This resource manual is intended to help providers, families, youth, and other related professionals locate the programs and services needed to help children, adolescents, and their families with mental health and other related services.

## **Access to Mental Health Services**

### **Access and Eligibility for Services**

County funded mental health services are intended for children and adolescents who are either experiencing a mental health crisis (such as depression, suicidal thoughts, extreme anxiety) or who require mental health services in order to function in school, at home or in the community. Generally services are targeted for the medically indigent and Medi-Cal populations. All services are rendered without regard to race, color, creed, or disability. Individuals and professionals may make direct contact with any of the resources listed in this manual. ***However, it should be noted that, in some cases, access to services is managed through specific procedures and may be limited to certain special populations.*** Where possible, this information has been included in this manual. If in doubt about eligibility or how to access services, please contact the Access and Crisis Line at **(800) 479-3339**.

### **Access to Language Services**

Clients have a right to free language assistance in a language they understand. Clients have the option to choose or use a family member or a friend as an interpreter. Clients shall be provided interpreter services as a part of their therapeutic services. The client/family are not expected to provide their own translator.

**Psychiatrists** offer psychiatric evaluations, prescriptions for medications and medication management, and are contracted to provide services to **Medi-Cal** beneficiaries. They may also offer individual, group and family therapy. Please contact the Access and Crisis Line at **(800) 798-2254** to get a referral or a list of current available providers.

**Psychologists and other Mental Health Professionals** may offer mental health assessments, psychological testing, individual, group and family therapy and are contracted to provide services to **Medi-Cal** beneficiaries. Please contact the Access and Crisis Line at **(800) 798-2254** to get a referral or a list of current available providers.

**San Diego Network of Care** – <http://www.sandiego.networkofcare.org/mh>

This Web site is a resource for individuals, families and agencies concerned with mental health. It provides information about mental health services, laws, and related news, as well as communication tools and other features. Regardless of where you begin your search for assistance with mental health issues, the Network of Care helps you find what you need - it helps ensure that there is "No Wrong Door" for those who need services. This Web site can greatly assist in our efforts to protect our greatest human asset - our beautiful minds. Information is available in Spanish, Cantonese, Russian, Tagalog, Vietnamese and Cambodian.

# **Introduction to Children's Mental Health Services**

The County of San Diego, Health and Human Services Agency administers Children's Mental Health Services. This provider resource manual describes the services currently funded by the County of San Diego, which include County operated and contracted programs.

## **County of San Diego Health and Human Services Agency**

**Alfredo Aguirre, LCSW  
Adult/Older Adult and Children's Mental Health Director**

**Rosa Ana Lozada-Garcia, LCSW  
Assistant Deputy Director**

**Henry Tarke, LCSW  
Assistant Deputy Director**

P.O. BOX 85524  
SAN DIEGO, CA 92186-5524

VOICE (619) 563-2750  
FAX (619) 563-2775

# **Introduction to Children's Mental Health Services**

## **Fees and Funding**

Mental health services provided through the County of San Diego are financed primarily through California State tax funds known as 'realignment' revenues. These funds can vary based on the condition of the State's economy. Other funding sources include Medi-Cal, patient fees, private insurers, County general funds, and specialized grants.

Anyone may receive treatment from San Diego County mental health programs regardless of financial status. Fees for services are based on income and the number of family members in the home. This Uniform Method for Determining Ability to Pay (UMDAP) is mandated by the State. Medi-Cal, Medicare, and other insurance coverage will be taken into account in determining the individual's monthly payment. *No person who otherwise qualifies for services will be turned away due to lack of funds.*

## **Community/Stakeholder Input**

**The Mental Health Board (MHB)** - Consumers, family members, providers, and community members are welcome to give input and feedback on mental health services. The Mental Health Board (MHB) holds public meetings, under a State mandate, reviews, and evaluates mental health needs, services, facilities, and special problems in the County. The MHB provides community input to the local Mental Health Director and the Board of Supervisors. The Board of Supervisors appoints MHB members. Half of the appointees are consumers, or family members of consumers. MHB meetings are open to the public and are held on the third Thursday of the month at 4:00. Please call for location. For more information on the MHB and its committees, call the MHB office at (619) 563-2700. To obtain an interpreter for the hearing impaired at the MHB meetings, contact the local Mental Health Director's office at (619) 563-2700, at least one week in advance.

**System of Care Steering Committee (SOCSC)** – The SOCSC provides an opportunity for all constituencies, including families and education, to have a voice in policy development and the expansion of the System of Care (SOC). The Steering Committee is comprised of approximately twenty members who are appointed by their Agency Director on recommendation of the CMHS Director.

The Steering Committee is a subcommittee of the Mental Health Board. The CMHS Director advises the SOCSC on all System of Care activities. Meetings are open to the public and are held on the second Monday of the month at 9:00a.m. Please call for location or more information on the SOCSC and its committees. Call CMHS office at (619) 563-2750.

# **Children's Mental Health Mission/Vision Statement**

## **Mission**

The mission of Children's Mental Health Services is to advance a rich array of services delivered through an integrated, community-based, mental health System of Care that enables children and adolescents to achieve positive outcomes. These desired outcomes are the basis for the goals of the System of Care:

- ◇ Children and youth live at home or in home-like settings.
- ◇ Children and youth stay out of trouble
- ◇ Children and youth are successful in school
- ◇ Children and youth are safe

## **Vision**

Children's Mental Health Services (CMHS) works with a broad constituency of stakeholders to build a community of families, neighbors, schools and child serving agencies, that fosters physically and mentally healthy children and adolescents, maximizes their potential in school and in the home, and prepares them to be productive and responsible adults.



## **Principles of the System of Care**

The System of Care is a comprehensive, integrated, community-based, clinically sound and family centered structure for delivery of mental health and related supportive services to the children of San Diego County. The System of Care takes a broad approach, breaking down the separations that occur between and among traditionally structured and funded services and programs. The System of Care evolves over time through the trust and collaboration of its stakeholders. The principles of the System of Care are as follows:

- ◆ The System of Care is a collaboration of four sectors - public, private, education, and family.
- ◆ Services are collaborative, involving families, schools, child serving agencies and formal and informal community organizations, and demonstrate a full continuum of care that is flexible to the individual needs of the children/adolescents and their families.
- ◆ Services are family centered and child-focused to promote family self-sufficiency, are culturally and linguistically competent and clinically sound, and are community-based. The services are meant to ensure that children and youth are best served within their life context.
- ◆ The System of Care promotes easy and clear access to services for all children and youth.
- ◆ The System of Care is accountable through clear outcomes, valid evaluation methods, and proficient management information system. Assessments are strength-based; services are outcome driven.
- ◆ While the target population is well defined, Children's Mental Health Services strives to respond to new initiatives and revenue opportunities that benefit children/adolescents and their families.

## **Wraparound Principles**

Wraparound is a family centered, strengths-based, needs-driven, and individualized services planning and implementation process. At its core is a set of essential principles that serve as the philosophical base. These principles demonstrate an unconditional commitment to create and provide highly individualized services and to support normalized and inclusive options for children and their families with complex needs.

- ◆ The team makes a commitment to unconditional care. Services are changed to meeting the changing needs of the child and family.
- ◆ The individualized service plan is developed by a Child and Family Team, which are the people who know the child and family best, including the child and family. The team is no more than half professionals.
- ◆ This plan is needs-driven rather than service-driven. Services are not based on a pre-set 'menu' of what is available, although the plan may incorporate existing categorical services if appropriate to the needs of the child and family. The initial plan is a combination of existing or modifies services, newly created services, informal supports, and community resources; it includes a plan for step-down of formal services.
- ◆ The plan is family centered and child focused. The plan is based on the unique strengths, values, norms, and preferences of the family. It also addresses the goals of child safety and permanency.
- ◆ The parent is an integral part of the team and has ownership of the plan.
- ◆ The plan is strengths-based. It focuses on assets and skills rather than deficits and pathologies.
- ◆ The plan is focused on normalization within the family, community, and cultural context.
- ◆ Services are created to meet the unique needs of the child and family. Though many wraparound plans rely on blending and reshaping categorical services, teams have the capacity to create individualized services and resource. In addition, services are created to meet the unique needs of adolescents who are in transition to independent living (e.g., need for educational, vocational, and independent life skills).
- ◆ Services are community based. When residential treatment or hospitalization is accessed, these are to be used as service resources and not as placements that operate outside of the plan.
- ◆ Services and support and service delivery are culturally competent and tailored to the unique values and cultural needs of the child, family, and culture that the family identifies with.
- ◆ Planning and services are comprehensive and address needs in three or more life domains areas. Life domain areas include family, living situation, educational/vocational, social/recreational, psychological/emotional, medical/dental, legal, and safety. There is always a crisis plan.
- ◆ The plan is financially supported by the flexible use of existing categorical dollars or through a flexible fund.
- ◆ Outcome measures are identified and the plan is evaluated systematically and often. (Source: Senate Bill 163, Chapter 795, Statutes of 1997.)

## **Advocacy and Support Services**

Advocacy services are crucial to ensuring that the mandated rights of children, youth, and their families are protected and that complaints and grievances are satisfactorily resolved. Support services offer families and their children the opportunities to share their concerns with other families and mental health professionals.

### **Consumer Center for Health, Education and Advocacy (877) 734-3258**

1475 6th Avenue, 4th Floor  
San Diego, CA 92101

**TDD for Hearing Impaired:**

**Hours:** M,W,Th,F 9:00-5:00 T 9:00-8:00, S 10:00-2:00

**Population:** Children and Adults

**Service:** Assistance with obtaining, using and resolving problems with health insurance

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Vietnamese

**Specialty Populations:** NA

**Parent Organization:** The Legal Aid Society

**Contact:** Carol Neidenberg, Mental Health Manager

### **Parent To Parent Services (formerly FASS) (619) 266-1027**

616 Raven St.  
San Diego, CA 92102

**TDD for Hearing Impaired:**

**Hours:** M-F 9:00-5:00 Parent Partner on call

**Population:** Parents of clients of the South East Mental Health Clinic

**Service:** Parent support and training, family advocacy, information and referral, support services. Provides Give A Day Respite Program, which is a parent cooperative with wraparound families. Provides a Tapestry Program-parent partners/wraparound facilitators to the southeast San Diego community

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Samoan

**Specialty Populations:** NA

**Parent Organization:** Harmonium, Inc.

**Contact:** Julia Becker, Project Director Ph.D.

## **USD Patient Advocacy Program**

**(619) 543-9998**

**(800) 479-2233**

5384 Linda Vista Road, Suite 304

San Diego, CA 92110-2635

**TDD for Hearing Impaired:** (619) 543-9980

**Hours:** M-F 8:00-5:00

**Population:** Children and adolescents

**Service:** Patient advocacy and protection of patient's rights when in 24-hour programs.  
Handles patient complaints and ensures that mandated rights are protected

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** University of San Diego - School of Law

**Contact:** Adele Lynch, Program Manager

## **Case Management**

Case management services involve one-on-one help in connecting with needed community resources, such as educational programs, financial benefits, treatment services, and other social services. The following programs are designed to serve special, designated populations. Case management services for AB2726: See Special Education Services in this booklet

### **Cabrillo Assessment Center (619) 224-4642**

3425 Kenyon St.  
San Diego, CA 92110

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-8:00 may vary depending on family schedule and may work on Saturdays

**Population:** Birth - 21 years. Referral may be via fax. Must be receiving services through HHSA, be full scope Medi-Cal and must have medical necessity

**Service:** Comprehensive assessment with case management. In-home support services twice a week

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Tagalog

**Specialty Populations:** Transition Age Youth Youth Gay/Lesbian Transgender  
Juvenile Court Dependents

**Parent Organization:** New Alternatives

**Contact:** Cecilia Banuelas, Assistant Program Director

### **Families Forward (619) 297-8111**

2221 Camino Del Rio South, Suite 305  
San Diego, CA 92108

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00 office hours / 24 hours availability

**Population:** 6-18 years old, severely emotionally disturbed

**Service:** Provides regionalized intensive case management and mental health services, utilizing the wraparound approach. Medication services and crisis intervention

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Dependents Juvenile Court Wards AB 2726

**Parent Organization:** Mental Health Systems

**Contact:** Delrena Swaggerty, Program Manager

## **Transitional Services Program (858) 277-7955**

7867 Convoy Court, Suite 305  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Medi-Cal children & adolescents who have been psychiatrically hospitalized

**Service:** Intensive case management, linkages to mental health services and community resources. Home-based mental health and case management services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Transition Age Youth Children under the Age of Six Juvenile Court Dependents Juvenile Court Dependents

**Parent Organization:** New Alternatives

**Contact:** Paul Abe, Program Director

## **Crisis Services**

24 hour crisis response. Crisis services include emergency psychiatric care and crisis intervention counseling. Programs that serve Children, Youth and Families in crisis are able to respond quickly to urgent needs such as support, information, counseling, medication, and referral to other resources

### **Emergency Screening Unit (ESU) (619) 421-6900**

730 Medical Center Ct.  
Chula Vista, CA 91911

**TDD for Hearing Impaired:** (619) 591-4323

**Hours:** 7 days 24 hours

**Population:** Children & Adolescents

**Service:** Emergency psychiatric evaluation, including screening for inpatient hospitalization, crisis stabilization, brief outpatient therapy, medication evaluation and management, telephone crisis intervention and referral

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** All psychiatric emergencies are seen

**Parent Organization:** County of San Diego

**Contact:** Jamie Picker, Program Manager LCSW

## **Day Treatment Programs**

### **Cabrillo Day Treatment (619) 543-0840**

4307 3<sup>rd</sup> Ave.  
San Diego, CA 92103

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Birth - 17 years. Children/Adolescents referred through HHSA/Polinsky

**Service:** Therapy, school on site, day rehabilitation therapy

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Children under the Age of Six Juvenile  
Court Dependents Juvenile Court Wards

**Parent Organization:** New Alternatives

**Contact:** Jeanine Sachs, Program Manager

### **Cajon Valley (619) 588-3653**

395 Ballantyne St. #518  
El Cajon, CA 92019

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-4:00

**Population:** Children & Adolescents, Medi-Cal only, kindergarten thru 8th grade

**Service:** Day Rehabilitation for children in the Cajon Valley School District Special Day  
Community School Class

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:**

**Parent Organization:** New Alternatives

**Contact:** Jacqui Small, Program Manager



**Discovery Hills  
(760) 510-4737**

120 Mata Way, Suite 101  
San Marcos, CA 92069

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-4:00 Tue-Thur evening by appointment

**Population:** Children referred through AB2726

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Gary Stewart, Program Manager

**Discovery Valley School  
(760) 471-6258**

120 Mata Way, Suite 101  
San Marcos, CA 92069

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-3:30

**Population:** Adolescents referred through AB2726

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Gary Stewart, Program Coordinator

**East County Day Treatment  
(619) 589-8296**

7059 San Miguel Ave  
Lemon Grove, CA 91945

**TDD for Hearing Impaired:**

**Hours:** M,Tu,Th, F 8:00-4:00 Wed - 9:00-4:00

**Population:** Children ages 6-12, referred through AB2726

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services, Japanese

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Lisa Stock, Ph.D Program Manager

**Emerald Day Treatment  
(619) 593-4763**

1221 South Emerald Ave, Rm. 614  
El Cajon, CA 92019

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-4:30

**Population:** Referred through AB 2726

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Fran Cooper, LCSW Program Manager

**Frontier Adolescent Day Treatment Center  
(619) 448-1162**

10435 Chubb Lane  
Santee, CA 92071

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-4:30

**Population:** Adolescents referred through AB2726

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:**

**Parent Organization:** Mental Health Systems, Inc.

**Contact:** Chris Fragiskatos, Ph.D Program Manager

**Lifeschool  
(619) 575-4590**

1685 Hollister St.  
San Diego, CA 92154

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-4:30

**Population:** Adolescents referred through AB2726

**Service:** Day Treatment

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Ysidro Health Center - Behavioral Health Group

**Contact:** Hugh Stephenson, Ph. D Program Manager

**New Dawn Day Rehab Program**  
**(858) 573-2227**

5659 Mt. Ackerly Dr.  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-4:30 Tues, Thur - late appointments possible

**Population:** High School ED Students 9 - 12 years - San Diego Unified School District

**Service:** Day Rehabilitation, Individual Therapy and Medication Support Services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Sign Language

**Specialty Populations:** NA

**Parent Organization:** San Diego Unified School District

**Contact:** Stacy Musso, Program Manager

**Polinsky Day Rehabilitation**  
**(858) 514-4806**

9400 Ruffin Rd.  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-6:00

**Population:** Dependent children and Adolescents detained in shelter care at Polinsky  
Children's Center

**Service:** Day Rehabilitation

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Portuguese  
Mandarin Chinese Cantonese Chinese

**Specialty Populations:** Juvenile Court Dependents

**Parent Organization:** County of San Diego

**Contact:** Greg Watson, Program Chief

**Reflections**  
**(619) 668-0363**

8376 Hercules St.  
La Mesa, CA 91942

**TDD for Hearing Impaired:**

**Hours:** M,W,Th, 8:30 – 4:00 Tu 8:30 – 6:00, F 8:30 – 1:30

**Population:** Adolescents up to 18 years referred by the Juvenile Court. Juvenile Court and/or Breaking Cycles Assessment Team determines placement. Provides treatment to wards of the Juvenile Court and their families

**Service:** Day Treatment Rehab. Provides family-based services to adolescents and their families who have been diagnosed with a mental/emotional disturbance. Offers competency-based school programs, youth and family monitoring, in-home treatment services, family support groups, positive peer selection, violence prevention and alcohol and drug services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** County of San Diego

**Contact:** Wendy Wade, Program Manger

**San Pasqual Academy**  
**(760) 233-6005**

17701 San Pasqual Valley Road  
Escondido, CA 92025

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Medi-Cal eligible children and adolescents

**Service:** Full day rehabilitation for residents of San Pasqual Academy

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Juvenile Court Dependents

**Parent Organization:** New Alternatives

**Contact:** Ben Blake, Program Manager

**STEPS**  
**(858) 278-3292**

4660 Viewridge Ave.  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Adolescent sex offenders (male and female)

**Service:** Day Treatment Intensive, limited outpatient, intensive case management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Chinese

**Specialty Populations:** Transition Age Youth Gay/Lesbian Transgender Juvenile  
Court Dependents Juvenile Court Wards

**Parent Organization:** Mental Health Systems

**Contact:** Yuka Morita, Program Director

**STEPS III**  
**(858) 467-1418**

4830 Viewridge Ave. #D  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-4:00

**Population:** Children ages 6 - 13. Referred by AB2726 or Juvenile Court

**Service:** Day Treatment Intensive, limited outpatient, intensive case management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Arabic French  
Tagalog

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** Mental Health Systems

**Contact:** Yuka Morita, Program Manager

**Venture Program**  
**(858) 292-1055**

4660 Viewridge Ave.  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:30

**Population:** Adolescents referred through AB2726

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** NA

**Parent Organization:** Mental Health Systems, Inc.

**Contact:** Kathleen Ervin, Program Coordinator

## **Inpatient Psychiatric Hospitals**

Hospitalization or inpatient psychiatric care is for mental health emergencies and situations that require intensive supervision and the medical necessity of a hospital setting. The following programs are funded by the County of San Diego to provide services for Medi-Cal recipients.

### **Aurora Behavioral Health Care/San Diego (858) 487-4200**

11878 Avenue of Industry  
San Diego, CA 92128

**TDD for Hearing Impaired:**

**Hours:** 7 days 24 hours

**Population:** Children and Adolescents

**Service:** Acute Psychiatric Inpatient

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** NA

**Parent Organization:** Signature Health Care

**Contact:** Jim Plummer, CEO

### **Paradise Valley Hospital Bayview Behavioral Health Campus (619) 426-6310**

330 Moss Street  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** 7 days 24 hours

**Population:** Children and Adolescents

**Service:** Acute psychiatric inpatient

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Tagalog

**Specialty Populations:** NA

**Parent Organization:** Paradise Valley Hospital

**Contact:** Jack Lungu, CEO

**Sharp Mesa Vista Hospital  
(858) 278-4110**

7850 Vista Hill Avenue  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** 7 days 24 hours

**Population:** Children and Adolescents

**Service:** Acute psychiatric inpatient

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** NA

**Parent Organization:** Sharp Healthcare

**Contact:** Karen-Lee Robinson, CEO

**University of California San Diego  
Child and Adolescent Psychiatry Service  
(619) 229-3700**

6535 Alvarado Road  
San Diego, CA 92120

**TDD for Hearing Impaired:**

**Hours:** 7 days 24 hours

**Population:** Children and Adolescents

**Service:** Acute psychiatric inpatient

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Children under the Age of Six Youth  
Gay/Lesbian Transgender Juvenile Court Dependents Juvenile  
Court Wards

**Parent Organization:** University of California San Diego Medical Center

**Contact:** Dr. Nasra Haroun, Medical Director

## **Juvenile Forensic Services**

Juvenile Forensics Services provide a variety of mental health services to children and adolescents who are involved with the Juvenile Court either through criminal or dependency proceedings. Access to services is managed through the Court, Juvenile Probation or Social Services.

### **Administration and Technical Support (858) 694-4680**

2901 Meadowlark Drive, Room 227  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-5:00

**Population:** Delinquents and Dependents

**Service:** Interagency mental health and chemical dependency consultation and program development. Clinical and administrative supervision

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** County of San Diego

**Contact:** Bruce Klier, Program Chief Ph.D.

### **Girl's Rehabilitation Facility, Mental Health Services (858) 694-4510**

2861 Meadowlark Drive  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** 7 days 24 hours

**Population:** Delinquent girls committed by the court

**Service:** Short-term individual and group counseling, crisis intervention, psychological assessments, family counseling, chemical dependency recovery services, and medication evaluations

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** County of San Diego

**Contact:** Ilona Vail, Senior Clinical Psychologist Ph.D



**Hillcrest House Clinic**  
**(619) 293-7246**

4307 Third Ave.  
San Diego, CA 92103-1407

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Dependent children and adolescents detained in Polinsky adjunct facilities

**Service:** Outpatient mental health assessment and treatment services

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Juvenile Court Dependents

**Parent Organization:** County of San Diego

**Contact:** Paul Kelly, Program Manager Ph.D

**Juvenile Hall Crisis Team**  
**(858) 694-4752**

2801 Meadow Lark Dr.  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-7:00

**Population:** Children and adolescents detained in Juvenile Hall

**Service:** Crisis intervention, counseling, medical evaluations, brief assessment, consultation

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** County of San Diego

**Contact:** Diana Cobb, Program Manager LCSW

**Polinsky Clinic**  
**(858) 514-4612**

9400 Ruffin Rd.  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Dependent children and youths detained in shelter care at Polinsky Children's Center

**Service:** Mental health services and crisis intervention

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Hebrew German

**Specialty Populations:** Juvenile Court Dependents

**Parent Organization:** County of San Diego

**Contact:** Paul Kelly, Program Manager Ph.D.

**Psychological Evaluation Unit  
(858) 694-4680**

2901 Meadowlark Drive, Room 227  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-5:00

**Population:** Children and adolescents and families involved with the Juvenile Court

**Service:** Psychological assessment, expert witness testimony, and Interagency consultation

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Dependents Juvenile Court Wards

**Parent Organization:** County of San Diego

**Contact:** Bruce Klier, Ph.D Program Chief

**T.E.R.M. Team  
(858) 541-5211**

2901 Meadowlark Drive, Room 152  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Children's Service, Juvenile Probation

**Service:** Quality management and consultation for mental health treatment, evaluation and assessment services provided to Children's Services and Juvenile Probation clients. Referrals to community providers. No clients seen at this location

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Mandarin-Chinese Chinese Polish Vietnamese

**Specialty Populations:** NA

**Parent Organization:** County of San Diego

**Contact:** Cory Baca, Program Manager LCSW

**Youth Correctional Center  
(619) 401-4900**

Camp Barrett - 21077 Lyons Valley Road  
Alpine, CA 91901

**TDD for Hearing Impaired:**

**Hours:** 7 days 24 hours

**Population:** Older delinquent boys committed by the court. California Youth Authority alternative program

**Service:** Short-term individual and group counseling, crisis intervention, chemical dependency recovery services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** County of San Diego

**Contact:** Emery Vasquez, Program Chief Ph.D

## **Outpatient Services**

Outpatient programs offer psychiatric evaluation, medication, individual, group, and family psychotherapy. Outpatient clinics offer limited crisis intervention services during business hours. While it is possible to walk in to some programs and receive timely service, most appreciate a phone call and can then provide an appointment to see a clinician as needed.

### **ALLY- Advocating, Listening, and Leading the Youth (619) 858-4228**

330 Moss St.  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** M-W 10:00-7:00 Tues, Fri 8:30-5:00

**Population:** Children and Adolescents on Medi-Cal

**Service:** EPSDT services, outpatient therapy, individual, group and family therapy, and medication management. South Bay Union School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish French Italian German

**Specialty Populations:** NA

**Parent Organization:** Paradise Valley Hospital

**Contact:** Francisco Fragoso, Program Manager

### **ALLY (619) 267-5115**

502 Euclid Avenue  
National City, CA 91950

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Children and Adolescents on Medi-Cal

**Service:** Outpatient clinic services, pediatric referrals and school based services. Individual, group, and family therapy. Psychiatric services and medication management. School based services in Sweetwater District (National City area)

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Paradise Valley Hospital

**Contact:** Gerald Workman, Program Manager

**Casa de Amparo (EPSDT)  
(760) 754-5500**

3355 Mission Avenue, Suite 238  
Oceanside, CA 92054-1303

**TDD for Hearing Impaired:**

**Hours:** M-F 9:00-6:30 Evening hours and weekends by appointment

**Population:** Children and adolescents ages 0 - 17 who are dependents of the juvenile court, placed in this level 12 crisis residential shelter facility. Referrals come through the Casa De Amparo Shelter.

**Service:** Mental health support services including individual, group and family therapy, psychiatric services and medication support are available

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish German

**Specialty Populations:** Children under the Age of Six Juvenile Court Dependents

**Parent Organization:** Casa De Amparo

**Contact:** AnnMarie Mickles, Program Manager

**Children's Outpatient Psychiatry - Central  
(858) 966-5832**

3665 Kearny Villa Rd #165  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00 Evenings by appointment

**Population:** Children & Adolescents, AB2726 services for MediCal and Healthy Families, indigent

**Service:** Outpatient psychiatric services, medication management, individual, group, and family therapy.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Children's Hospital

**Contact:** Barent Mynderse, Director

## **Children's Outpatient Psychiatry - North Coastal (760) 758-1480**

3142 Vista Way, Suite 205  
Oceanside, CA 92056-3619

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00 Evenings by appointment

**Population:** Children & Adolescents, AB2726 services for MediCal and Healthy Families, indigent

**Service:** Outpatient psychiatric services, medication management, individual, group, and family therapy.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Children's Hospital

**Contact:** Beverly Laning, Site Coordinator MFT

## **Children's Outpatient Psychiatry - North Inland (858) 487-9050**

11770 Bernardo Plaza Ct., Suite 260  
San Diego, CA 92128

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-4:30 Evenings by appointment

**Population:** Children & Adolescents,

**Service:** Outpatient psychiatric services, medication management, individual, group, and family therapy.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Children's Hospital

**Contact:** Lisa Hazelwood, Program Manager PhD

## **Children's Outpatient Psychiatry - Riley School (585) 496-8205**

5659 Mt. Ackerly Dr.  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-4:30

**Population:** Special Ed children and adolescents - must be referred by schools only, AB2726,

Medi-Cal only, Kindergarten – 8th grade

**Service:** Outpatient psychiatric services, medication management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Children's Hospital

**Contact:** Barent Mynderse, Director

**Community Circle Central**  
**(619) 515-3314**

2204 National Ave  
San Diego, CA 92113

**TDD for Hearing Impaired:**

**Hours:** M,T,W 8:00-8:00 Th-F 8:00-5:00 home visits by appointments

**Population:** Children and Adolescents on Medi-Cal

**Service:** Outpatient clinic services, pediatric referrals and school based mental health services, San Diego Unified. Individual, group and family therapy. Psychiatric services and medication management. School based services are provided in Southeast San Diego Logan Area

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Family Health Centers of San Diego

**Contact:** Kelly Heimer, Program Manager MFT

**Community Health Circle East / Spring Valley**  
**(619) 515-2353**

8788 Jamacha Rd.  
Spring Valley, CA 91977-4035

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00 home visits by appointment

**Population:** Children and Adolescents on Medi-Cal

**Service:** Outpatient clinic services, pediatric referrals and school based mental health services. Individual, group and family therapy. Psychiatric services and medication management. School based services are provided in LaMesa-Spring Valley School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish French

**Specialty Populations:** NA

**Parent Organization:** Family Health Centers of San Diego

**Contact:** Eleanor Kreyling, East Coordinator

## **Crossroads Family Services (619) 441-1907**

1625 East Main St., Suite 200  
El Cajon, CA 92021

**TDD for Hearing Impaired:**

**Hours:** M-F 9:00-5:00

**Population:** Children and Adolescents with Medi-Cal, AB2726, Health Families, indigent

**Service:** Crisis and community support, individual, group and family therapy, medication management with therapy

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Outreach to rural East County area

**Parent Organization:** Community Research Foundation

**Contact:** Judy Davis, Program Coordinator

## **Developmental Evaluation Clinic (858) 966-5817**

3020 Children's Way, MS 5843  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Infants, pre-school and school age children.

**Service:** Children's Developmental Evaluation Clinic provides developmental and psychological evaluation of infants, pre-school and school aged children. Licensed psychologists, neuro-psychologists and post-doctoral psychology interns evaluate children using a variety of psychometric tests. We identify developmental and social delays, determine the significance of the delays and behavioral problems, determine need for further assessment/intervention and recommend educational and therapeutic programs.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Children under the Age of Six

**Parent Organization:** Children's Hospital

**Contact:** Johanna Boucher, Program Manager

**Douglas Young Youth and Family Services**  
**(858) 695-2211**

10717 Camino Ruiz, Suite 207,  
San Diego, CA 92126

**TDD for Hearing Impaired:**

**Hours:** M,Tu, Wed 9:00-6:00 Thur - 12:00-8:00, Fri - 9:00-5:00

**Population:** Children and Adolescents AB2726, Healthy Families, Medi-Cal, indigent

**Service:** Crisis and community support, individual, group, and family therapy, play and art therapy, medication management, outpatient, psychological testing school-based services including Individual Education Plan (IEP) participation, San Diego Unified School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Tagalog

**Specialty Populations:** Transition Age Youth

**Parent Organization:** Community Research Foundation

**Contact:** Julie McPherson, Program Manager MFT

**Green Oak Ranch**  
**(760) 598-2803**

1237 Green Oak Rd.  
Vista, CA 92083

**TDD for Hearing Impaired:**

**Hours:** M-F 9:00-8:00

**Population:** Children and Adolescents diverted from Polinsky Center

**Service:** Assessment, case management and nursing/respite services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Children under the Age of Six Juvenile Court Dependents

**Parent Organization:** New Alternatives

**Contact:** Larry Fortin, Director

**Hickory / Community Assessment Team (CAT)**  
**(760) 747-0205**

240 South Hickory Street  
Escondido, CA. 92027

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Youth enrolled in Juvenile Court and Community Schools - Central Region covered by Medi-Cal

**Service:** Individual, family and group therapy. Crisis and community support. Medication management, school and community based services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish French

**Specialty Populations:** NA

**Parent Organization:** Mental Health Systems

**Contact:** Colleen Marshall, Program Manager



**Mental Health Resource Center**  
**(858) 573-2227**

2351 Cardinal Lane Annex B  
San Diego, CA 92123

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Seriously emotionally disturbed Medi-Cal eligible youth in San Diego  
Unified School District only

**Service:** Outpatient Mental Health Services

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Juvenile Court Dependents Juvenile  
Court Wards

**Parent Organization:** San Diego Unified School District

**Contact:** Betty Plewak, Program Manager

**MHS School Based Program (formerly ALBA)**  
**(619) 497-0812**

2555 Camino Del Rio South, Suite 103  
San Diego, CA 92108

**TDD for Hearing Impaired:**

**Hours:** M-F 7:30-5:00

**Population:** Children and Adolescents - must have Medi-Cal and must be in San Diego City  
School District

**Service:** Individual, family, and group therapy

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Mental Health Systems

**Contact:** Kerry Kane, Program Manager

**Mobile Adolescent Services Team**  
**(619) 398-3261**

1202 Morena Blvd., Suite 300  
San Diego, CA 92110

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Youth enrolled in Juvenile Court and Community Schools-Central Region  
covered by Medi-Cal, Homeless Youth, Youth enrolled at the Monarch  
Homeless School

**Service:** Individual, Family and Group Therapy; crisis and community support; medication  
management; school/community based services

**Cultural/Linguistic Services:** Access to Interpreter Services, English Spanish French

**Specialty Populations:** NA

**Parent Organization:** Community Research Foundation

**Contact:** Bill Simpson, Program Director

**New Alternatives / Foster Family Agency  
(858) 278-1137**

7867 Convoy Ct. #307  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Medi-Cal eligible youth enrolled in New Alternatives Foster Family Agency

**Service:** Outpatient mental health services

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Children under the Age of Six Juvenile Court Dependents

**Parent Organization:** New Alternatives

**Contact:** Denise Kerwood, Program Director MSW

**North County Lifeline-CAT I  
(760) 726-4900**

200 Michigan Ave  
Vista, CA 92084

**TDD for Hearing Impaired:**

**Hours:** M-Th 8:30 am - 8:00 pm F 8:00-5:00 or by appointment

**Population:** Youth ages 6 - 17

**Service:** CAT provides juvenile delinquency prevention and diversion, school drop out prevention, youth leadership and peer education, counseling, drug and alcohol prevention and treatment, independent living skills training, recreation, career/vocational guidance, direct connection to available community services. CAT/YAR/EPSTDt outpatient programs provide assessment, individual, group, and family therapy and medication support services, provided at clinic, school sites and in-home. The youth must be Medi-Cal eligible

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** North County Lifeline, Inc.

**Contact:** Debbie Shriver, Program Manager

## **North County Lifeline-CAT II (760) 757-0118**

110 Copperwood Ave., Suite Q  
Oceanside, CA 92054

**TDD for Hearing Impaired:**

**Hours:** M-Th 8:30 am - 8:00 pm F 8:00-5:00 or by appointment

**Population:** Youth ages 6 - 17

**Service:** CAT provides juvenile delinquency prevention and diversion, school drop out prevention, youth leadership and peer education, counseling, drug and alcohol prevention and treatment, independent living skills training, recreation, career/vocational guidance, direct connection to available community services. CAT/YAR/EPSTD outpatient programs provide assessment, individual, group, and family therapy and medication support services, provided at clinic, school sites and in-home. The youth must be Medi-Cal eligible

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** North County Lifeline, Inc.

**Contact:** Debbie Shriver, Program Manager

## **Nueva Vista Family Services (619) 585-7686**

1161 Bay Blvd. Suite B  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** M,W,F 9:00-5:00 Tu, Th - 9:00-7:00

**Population:** Children and Adolescents, Medi-Cal, AB2726, Healthy Families, and Indigent

**Service:** Outpatient psychiatric services, medication management, individual, family and group therapy, Medi-Cal and Short-Doyle and EPSTD services for National School District, Chula Vista Elementary School District, and Sweetwater High School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish German

**Specialty Populations:** Transition Age Youth

**Parent Organization:** Community Research Foundation

**Contact:** Nancy Johnson, Program Manager

**Palomar Family Counseling**  
**(760) 731-3235**

120 West Hawthorne  
Fallbrook, CA 92029

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:30

**Population:** Children and Adolescents on Medi-Cal

**Service:** Individual, group and family therapy, medication management. Provides services to Fallbrook High School District, Fallbrook Elementary District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Italian

**Specialty Populations:** NA

**Parent Organization:** Palomar Family Counseling

**Contact:** Patricia Wrolson, Head of Services

**Palomar Family Counseling**  
**(760) 741-2660**

1002 East Grand Avenue  
Escondido, CA 92025

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00 Saturdays 9:00-5:00

**Population:** Children, Adolescents. Must have Medi-Cal. Special Education students at Escondido High School

**Service:** Individual, group and family therapy, medication management, outpatient, individual and group therapy, all Valley Center schools

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Italian

**Specialty Populations:** NA

**Parent Organization:** Palomar Family Counseling

**Contact:** Steven Mott, Program Manager

**Para Las Familias Center (EPSDT)  
(619) 946-1001**

1261 Third Ave B  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00 Evening hours available to families

**Population:** Children, ages 0 - 5, on Medi-Cal

**Service:** Assessment, individual, filial and family therapy, services provided at clinic, pre-school sites and in-home services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Children under the Age of Six Juvenile Court Dependents

**Parent Organization:** Episcopal Community Service

**Contact:** Nick Montano, Program Manager

**Providence Community Services (EPSDT)  
(619) 640-3266**

4660 El Cajon Blvd., Suite 210  
San Diego, CA 92115

**TDD for Hearing Impaired:**

**Hours:** After school and evenings

**Population:** Ages 0 - 18 - must have Medi-Cal

**Service:** Outpatient mental health services. Individual group, and skill-building, family therapy services, psychiatric services, and medication management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Vietnamese Korean

**Specialty Populations:** Clinic and school based, San Diego Unified

**Parent Organization:** Aspen Community Services

**Contact:** Cara Evans, Program Manager

**San Diego Youth and Community Services / Foster Family Agency  
(619) 221-8610**

3255 Wing Street  
San Diego, CA 92110

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Medi-Cal children/adolescents enrolled in their foster family agency.

**Service:** Outpatient Mental Health Services

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** NA

**Parent Organization:** San Diego Youth and Community Services

**Contact:** Suzanne Forbes, Program Manager

**San Diego Youth and Community Services -CAT/YAR**  
**(619) 258-6877**

900 No. Cuyamaca St. Suite 101  
El Cajon, CA 92020

**TDD for Hearing Impaired:**

**Hours:** M-F 9:00-6:00 Weekends/evenings by appointment

**Population:** At risk youth ages 6 – 18 and their families, Lakeside, Santee and Grossmont  
Union School Districts Medi-Cal only

**Service:** Individual, group and family, medication management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Diego Youth and Community Services

**Contact:** Chad Hybarger, Clinical Director Psy. D., MFT

**SAY (Social Advocates for Youth) San Diego / CAT II**  
**(619) 582-9056**

5348 University Avenue, Suite 201  
San Diego, CA 92105

**TDD for Hearing Impaired:**

**Hours:** M-F 9:00-5:00 weekends/evenings by appointment

**Population:** At risk youth 8 - 18 and their families, Medi-Cal only

**Service:** Individual, group and family, rehabilitation, San Diego Unified School District,  
Marshall Elementary

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Juvenile Court Wards

**Parent Organization:** SAY San Diego, Inc

**Contact:** Kelly Vales, Program Manager

**South Bay Community Services / CAT**  
**(619) 420-3620**

1124 Bay Blvd, Suite D  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-6:00

**Population:** Medi-Cal eligible children and adolescents

**Service:** Assessment, individual, group and family therapy services, provided at clinic,  
school sites and in-home.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** South Bay Community Service

**Contact:** JoAnn Leone, Program Manager

**Southeast County Mental Health Clinic**  
**(619) 595-4400**

3177 Ocean View Blvd.  
San Diego, CA 92113

**TDD for Hearing Impaired:**

**Hours:** M-Th 8:00-6:00 W -8:00-7:00, F - 8:00-5:00

**Population:** Children and Adolescents

**Service:** Outpatient therapy, individual, group and family therapy, medication management, school liaison and advocacy

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Chinese

**Specialty Populations:** Children under the Age of Six Juvenile Court Dependents

**Parent Organization:** County of San Diego

**Contact:** Melinda Leal, Program Manager LCSW

**Trinity / Foster Family Agency**  
**(619) 543-1443**

835 3rd Ave., Suite E  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Medi-Cal eligible children and adolescent who are in Trinity Foster Family Agency

**Service:** Outpatient Mental Health Services

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Transition Age Youth Juvenile Court Wards

**Parent Organization:** Trinity Children & Family Services

**Contact:** Laurie Adam, Program Director

**TSI / Foster Family Agency**  
**(858) 277-9550**

3003 Armstrong St.  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Medi-Cal eligible children and adolescent who are Therapeutic Services Foster Family Agency

**Service:** Outpatient Mental Health, Multi-dimensional Treatment Foster Care (MTFC)

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Susan Morgan, Program Manager

**TSI / STEPDOWN**  
**(858) 277-9550**

3003 Armstrong St.  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:30

**Population:** Emotionally Disturbed (ED) Adolescents who are stepping down from Clark Devereux or San Diego Center for Children or at risk of residential care and have Medi-Cal. AB2726 services if they have Medi-Cal

**Service:** Wraparound, case management, stepdown, and mental health outpatient services

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth Juvenile Court Dependents Juvenile Court Wards

**Parent Organization:** San Diego Center for Children

**Contact:** Susan Morgan, Program Manager

**TSI Outpatient Services - Pacific Avenue**  
**(619) 465-5006**

7737 Pacific Avenue  
Lemon Grove, CA 91945

**TDD for Hearing Impaired:**

**Hours:** M,W,F 9:00-5:00 Tue-Thu 9:00-8:00

**Population:** Medi-Cal eligible children and adolescents

**Service:** Outpatient clinic services and school based services. Individual, family and group therapy. Psychiatric services and medication management. School based services in Lemon Grove School District, Lakeside School District, La Mesa/Spring Valley School District, and Grossmont School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Transition Age Youth Juvenile Court Dependents Juvenile Court

Wards

**Parent Organization:** San Diego Center for Children

**Contact:** Ingrid Paymar, Program Manager



**TSI Outpatient Services – La Mesa**  
**(619) 668-6200**

7339 El Cajon Blvd. Suite K  
La Mesa, CA 91941

**TDD for Hearing Impaired:**

**Hours:** M,W,F 9:00-5:00 Tue-Thu 9:00-8:00

**Population:** Medi-Cal eligible children and adolescents

**Service:** Outpatient clinic services and school based services. Individual, family and group therapy. Psychiatric services and medication management.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Ingrid Paymar, Program Manager

**TSI / South County Intensive Outpatient Services**  
**(619) 336-9870**

800 National City Blvd., Suite 208  
National City, CA 91950

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-4:00

**Population:** Children and Adolescents referred through AB2726

**Service:** Mental health services including assessment, individual and group therapy, medication management and crisis intervention. Services provided at San Ysidro Unified, Chula Vista, National City, Sweetwater Union, and South Bay Union School Districts, and in- home

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** San Diego Center for Children

**Contact:** Gina Ramirez, Program Manager

**UPAC Multi-Cultural Family Services**  
**(619) 232-6454**

1031 25th St.  
San Diego, CA 92102

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Children and Adolescents, especially of Asian/Pacific cultures

**Service:** Outpatient individual, group and family therapy, crisis and community support, medication management, case management and psychiatric evaluation

**Cultural/Linguistic Services:** Access to Interpreter Services, Thai Cambodian Vietnamese Laotian Hmong Japanese Tagalog Korean Cantonese Chinese Spanish Egyptian Arabic Farsi Mandarin Chinese

**Specialty Populations:** Transition Age Youth Juvenile Court Dependents Juvenile Court Wards

**Parent Organization:** Union of Pan Asian Communities

**Contact:** Sterling Alexander, Program Manager

**UPAC Rainbow Center**  
**(619) 235-4314**

1031 25th St.  
San Diego, CA 92102

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Children and Adolescents Medi-Cal only

**Service:** School-based counseling services, substance abuse counseling, case management, outreach. Services at New Beginnings, Rosa Parks Elementary School, Edison Elementary and Lincoln-Gompers Cluster Family Service Center. Outpatient individual and group therapy, crisis and community support, family counseling ,medication management, San Diego Unified School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish French Tagalog

**Specialty Populations:** NA

**Parent Organization:** Union of Pan Asian Communities

**Contact:** Sterling Alexander, Program Manager

**Vista Hill Learning (EPSDT)**  
**(760) 788-9724**

398 D Street  
Ramona, CA 92065

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:30 Evenings and weekend hours are available

**Population:** Children and Adolescents

**Service:** Home and school based outpatient services, which include individual, group and family therapy, medication management and behavioral support in the classroom in Ramona and North Inland backcountry

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** Vista Hill Foundation

**Contact:** Pam Clack, Program Manager, Ramona and North Inland Back Country

**Vista Hill Learning Assistance Center**  
**(760) 489-4126**

1330 East Grand Avenue  
Escondido, CA 92027

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00 Evening and weekend hours available for families

**Population:** Elementary and Middle School Children and families within Escondido Union Elementary School District

**Service:** Home and school-based outpatient services, which include individual, group and family therapy, medication management, and behavioral support to classrooms within the Escondido Union Elementary School District

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Tagalog

**Specialty Populations:**

**Parent Organization:** Vista Hill Foundation

**Contact:** Dave Taylor, Program Manager PhD

**Walden Family Services / Foster Family Agency**  
**(619) 584-5777**

3517 Camino Del Rio South, Suite 215  
San Diego, CA 92108

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Birth to 18 years. Must be participating in foster care services program.

**Service:** Provides intensive, individualized psychotherapy and psychiatric treatment for emotionally disturbed children. Provides assessment, evaluation, and treatment for Children in critical need of mental health services , Multi-dimensional Treatment Foster Care (MTFC)

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Transition Age Youth

**Parent Organization:** Walden Environment

**Contact:** Heather Berberet, Program Manager

**YMCA / Tides**  
**(619) 543-9850**

4080 Centre St., Suite 101  
San Diego, CA 92103

**TDD for Hearing Impaired:**

**Hours:** M-F 8:30-5:00

**Population:** Ages 0 - 21

**Service:** Provides outpatient individual, group, family therapy, medication management services for San Diego Unified School district counseling, shelter referrals and transportation home.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** NA

**Parent Organization:** YMCA

**Contact:** Barbara Nosal, Program Manager

**Youth Enhancement Services (YES)**  
**(619) 428-5533**

3025 Beyer Blvd.. E101  
San Diego, CA 92154

**TDD for Hearing Impaired:**

**Hours:** M,T 10:00-7:00 W-F 8:30-5:00

**Population:** Children & Adolescents, also Medi-Cal and indigent, Special Education, AB2726

**Service:** Outpatient psychiatric services, medication management. EPSDT services provided for San Ysidro School District and Sweetwater Union High School District. Outreach to San Ysidro Middle School

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Chinese French German Sign Language

**Specialty Populations:** NA

**Parent Organization:** San Ysidro Health Center - Behavioral Health Group

**Contact:** Roberto Suarez, Program Manager

## **Residential Patch Programs**

Residential patch programs offer day treatment services for some children and adolescents who are placed in a residential treatment facility. Access to these programs is generally through AB2726 or Juvenile Court involvement.

### **Cabrillo Day Program (619) 543-0840**

4307 Third Ave.  
San Diego, CA 92103

**TDD for Hearing Impaired:**

**Hours:** M-F 2:30-7:00

**Population:** Children or Adolescents referred by AB2726 or Juvenile Court

**Service:** Day Treatment

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Vietnamese  
French Tagalog Portuguese

**Specialty Populations:** NA

**Parent Organization:** New Alternatives

**Contact:** Jeanine Sachs, Program Manager

### **Comprehensive Adolescent Treatment Center (CATC) (619) 543-0840**

4307 Third Ave.  
San Diego, CA 92103-1407

**TDD for Hearing Impaired:**

**Hours:** M-F 10:00-8:00

**Population:** Adolescents referred by AB2726 or Juvenile Court

**Service:** Day Treatment

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Polish Sign  
Language

**Specialty Populations:** NA

**Parent Organization:** New Alternatives

**Contact:** Jennifer Cassidy, Program Director

**Fred Finch Youth Center  
(619) 258-4012**

10025 Los Ranchitos Road, Bldg. 10  
Lakeside, CA 92040

**TDD for Hearing Impaired:**

**Hours:** M,W,F 9:00-5:00 Tues, Thur - 9:00-7:00

**Population:** 12 - 17 year old referred by Juvenile Court, AB2726 and/or San Diego Regional Center

**Service:** Day Treatment

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Emotionally disturbed youth with developmental delay

**Parent Organization:** Fred Finch

**Contact:** Thomas Alexander, Program Manager

**New Alternatives, Inc. #16  
(619) 421-6900**

730 Medical Center Ct.  
Chula Vista, CA 91911

**TDD for Hearing Impaired:**

**Hours:** M-F 2:00-8:00

**Population:** Adolescents referred by AB2726 or Juvenile Court

**Service:** Day Treatment

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Transition Age Youth Children under the Age of Six Youth  
Gay/Lesbian Transgender Juvenile Court Dependents Juvenile  
Court Wards

**Parent Organization:** New Alternatives

**Contact:** Dr. Eileen Quinn-O'Malley, Program Manager

**San Diego Center for Children - Level 14 Program  
(858) 277-9550**

3004 Armstrong Street  
San Diego, CA 92111

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-6:00

**Population:** Children ages 6 - 13. Referred by AB2726 or Juvenile Court

**Service:** Day Treatment Intensive

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Juvenile Court Dependents

**Parent Organization:** San Diego Center for Children

**Contact:** Tim Gysin, Program Manager

## **Residential Services**

Residential services provides assessment, placement and case management services for children and youth who are dependent children of the San Diego County Juvenile Court and who are in need of mental health treatment level settings because of emotional or behavioral problems and/or diagnosed mental illness. Reunification and other services are provided to the families of the dependent minor. Treatment settings include Residential Care Facilities, Licensed Group Homes, and Specialized Foster Home Agency settings. Contract development, monitoring and investigation of these facilities are also services provided.

### **Residential Services (619) 688-4314**

7947 Mission Center Court, MS W-466  
San Diego, CA 92108-1440

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Dependent children and adolescents of the San Diego County Juvenile Court who need mental health treatment level settings

**Service:** Screening, case management, case consultation, child abuse investigations, family reunification, institution evaluation, facility contracting, monitoring and investigation

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Farsi Tagalog

**Specialty Populations:** Juvenile Court Dependents

**Parent Organization:** County of San Diego

**Contact:** Barry Fox, Chief



## **Special Education Services (AB2726)**

Special Education Services provide AB2726 assessment and case management services for special education students who are experiencing a mental health problem that interferes with their educational needs. Referrals for assessment must come through the student's school district. General information about the referral and assessment process can be obtained from the regional offices listed below, which are organized by Special Education Local Planning Area (SELPA).

### **Administration (619) 758-6227**

3320 Kemper Street, Suite 206  
San Diego, CA 92110

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Special Education Students

**Service:** Administration of AB2726 assessment and case management

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** NA

**Parent Organization:** County of San Diego

**Contact:** Laura Colligan, Chief, Special Education Services

### **Central and South (619) 758-6205**

3320 Kemper St.  
San Diego, CA 92110

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Special Education Students

**Service:** AB2726 assessment and case management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Chinese

**Specialty Populations:** School aged youth referred through IEP

**Parent Organization:** County of San Diego

**Contact:** Joe Concellosi, Program Manager

**North Coastal and Poway  
(760) 752-4900**

340 Rancheros Dr.. #298  
San Marcos, CA 92069

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Special Education Students

**Service:** AB2726 assessment and case management

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** School aged youth referred through IEP

**Parent Organization:** County of San Diego

**Contact:** Jane Gorman, Program Manager Ph.D.

**North Inland and East County  
(619) 758-6240**

3692 Midway Drive  
San Diego, CA 92110

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Special Education Students

**Service:** AB2726 assessment and case management

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Italian  
Portuguese Thai

**Specialty Populations:** School aged youth referred through IEP

**Parent Organization:** County of San Diego

**Contact:** Frances Edwards, Program Manager

## **Therapeutic Behavioral Services**

Therapeutic Behavioral Services offer specialized short-term one to one behavioral services designed to prevent re-hospitalizations, placements in higher levels of care, and/or assist with transition to lower levels of care. San Diego County staff review and authorize referrals for services. Two Contract agencies, BEST and New Alternatives, Inc., provide behavioral coaches

in the home or in current residential placement. Therapeutic Behavioral Services are provided countywide to eligible Full-Scope Medi-Cal recipients.

### **Therapeutic Behavioral Services (MHS) (619) 297-8111**

2221 Camino Del Rio South #305  
San Diego, CA 92108

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Medi-Cal children, adolescents and families

**Service:** One on One behavioral, in home services, case management. By referral through County TBS only.

**Cultural/Linguistic Services:** Access to Interpreter Services,

**Specialty Populations:** Transition Age Youth

**Parent Organization:** Mental Health Systems

**Contact:** Shelly Falconer, Program Manager LCSW

### **Therapeutic Behavioral Services (NA) (619) 615-0701**

2535 Kettner Blvd.. 1A4  
San Diego, CA 92101

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:30

**Population:** Medi-Cal children, adolescents and families

**Service:** One on One behavioral, in home services, case management. By referral through County TBS only.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish Sign Language  
French Farsi

**Specialty Populations:** Transition Age Youth

**Parent Organization:** New Alternatives, Inc.

**Contact:** Klea Galasso, Program Manager

**Therapeutic Behavioral Services (TBS)**  
**(619) 584-5000**

3255 Camino Del Rio South  
San Diego, CA 92108

**TDD for Hearing Impaired:**

**Hours:** M-F 8:00-5:00

**Population:** Children, adolescents, and young adults (up to age 21). Must be full scope Medi-Cal eligible and meet medical necessity criteria

**Service:** Specialized short-term one-to-one behavioral coaching designed to teach clients and care givers the behavioral management skills that will allow the clients to transition to or maintain at the lowest appropriate level of care.

**Cultural/Linguistic Services:** Access to Interpreter Services, Spanish

**Specialty Populations:** Transition Age Youth

**Parent Organization:** County of San Diego

**Contact:** Susan Lund, Program Manager

## **Community Information**

### **Info-Line**

Information and referral for all Social Services in San Diego County

Central (619) 230-0997

North Coastal (760) 943-0997

North Inland (760) 740-0997

Outlying (800) 227-0997

**Medi-Cal Information (858) 514-6885**

Information on Medi-Cal benefits, applications and various Medi-Cal Programs

**Polinsky Children's Center (858) 514-4600**

County run shelter for children in need of protective services

**Social Security Administration (800) 772-1213**

Main information number to access Social Security benefits and information

## **Support Groups/Self-Help**

### **Heartbeat Family Partnership Information and Referral Line**

Referral and information for families and others of children with mental health issues

**TOLL FREE: (888) 843-5800  
(858) 505-1888**

### **Albright Information and Referral Center**

Support services for families and friends of the mentally ill

**(619) 543-1434  
(800) 523-5933**

### **Alcoholics Anonymous**

Central (619) 265-8762  
North County (760) 758-2514

### **San Diego County Al-Anon Information Office**

**(619) 296-2666**

If you are calling from North County or East of Alpine:

**(800) 690-2666**

### **Children and Adults with Attention Deficit Disorder (CHAD)**

**(800) 233-4050**

### **Marijuana Anonymous**

**(619) 685-2808**

### **Mental Health Association**

Information on mental health, advocacy, and self-help groups

**(619) 543-0412**

### **Narcotics Anonymous**

**(619) 584-1007**

### **National Alliance for the Mentally Ill**

Education, newsletters, support, and advocacy for persons with mental illness and their families

**(800) 950-6264**

## **Mental Health Web Sites**

1. Health and Human Services of San Diego County  
<http://www.sdcounty.ca.gov>
2. Heartbeat Family Partnership  
<http://www.sdhfp.org>
3. State of California  
<http://www.ca.gov.org>
4. Center for School Mental Health Assistance  
<http://www.csmha.umaryland.edu>
5. American Institutes for Research  
<http://www.air.org>
6. UCLA School Mental Health Project  
<http://www.smhp.psych.ucla.edu>
7. American Academy of Pediatrics  
<http://www.kidsdocs@aap.org>
8. Federation of Families for CMH  
<http://www.ffcmh.org>
9. San Diego Health and Social Service Community  
<http://informsandiego.com>
10. Healthy Families  
<http://www.healthyfamilies.ca.gov>
11. U.C.S.D. Healthcare  
<http://www.health.ucsd.gov>
12. Children's Hospital  
<http://www.chsd.org>
13. Parenting Link  
<http://www.parentlink.org>
14. The Center for Mental Health Services  
<http://www.mentalhealth.org>
15. Youth Change  
<http://www.youthchg.com>
16. Knowledge Exchange Network  
<http://www.ken@mentalhealth.org>
17. Bi-Polar Kids  
<http://www.bpkids.org>
18. ARC of San Diego  
<http://www.arc.sd.com>
19. Office of Patient Advocate of California  
<http://www.o.p.a.ca.gov>
20. Department of Manage Health Care  
<http://www.dmhc.ca.gov>
21. National Alliance of Mentally Ill  
<http://www.nami.org>

## **CMHS Provider Resource Manual Edits/Updates**

NAME OF ORGANIZATION/AGENCY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

HOURS OF OPERATION: \_\_\_\_\_

ELIGIBILITY/POPULATION: \_\_\_\_\_

SERVICES: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

CULTURAL/LINGUISTIC SERVICES: \_\_\_\_\_

\_\_\_\_\_

SPECIALTY  
POPULATIONS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

PARENT ORGANIZATION: \_\_\_\_\_

CONTACT/ TITLE: \_\_\_\_\_

OTHER: \_\_\_\_\_

Children's Mental Health Services  
QI Department  
P.O. Box 85524 – MS: P-531Q  
619-584-5026 / Fax: 619-584-5018